



KIDNEY MATTERS

The Newsletter of the Q.E.H.K.P.A. February 2016

Visit www.kidneymatters.co.uk

Registered Charity No.513446

Queen Elizabeth Hospital Kidney Patients' Association

The Patients' Association for all Renal Patients treated by the Q.E. Hospital

Patients on HHD, Transplant, and PD

Dialysis Units at Aston, Great Bridge (Tipton), Woodgate, Kings Norton, Smethwick, Sparkhill, Redditch, Worcester, Kidderminster, Hereford, Llandrindod Wells, and U.H.B.

Benidorm here we are!



Renal Patients enjoying Benidorm

Thanks again to Sharon Pilling who has organised these annual holidays for patients for many years at the Q.E. Patients enjoyed a very sunny holiday in Benidorm last September. It enables them to have a break with the added comfort of two members of the Q.E. Staff to assist them.

This year they went to Benidorm where they had a great time. Edwin and Janet Hawkins celebrated their 60th Wedding Anniversary. Mary can be seen trying out a motorbike at the local museum and others are enjoying a trip in the mountains.

The K.P.A. paid for a member of staff to go on this holiday and for one of the outings.

Sharon is organising another holiday later this year, so please look out for the details. It is a good opportunity for patients to gain confidence in going on holiday.

K.P.A. meetings are held at the Queen Elizabeth Hospital on the 2nd Wednesday of each month at 7.30 pm in the New Faith Centre. Please check our web site or phone a committee member in case of a change of date.
EVERYONE IS WELCOME. SUPPORT YOUR K.P.A.



K.P.A. Receives a generous donation.

The K.P.A. were very pleased to receive a donation of £5000 from the family of a renal patient. The money is to help us to continue the work and support that the Queen Elizabeth Hospital Kidney Patients' Association gives to the Hospital and renal patients. We are extremely grateful for this donation and thank the family who very generously gave it to us.



The K.P.A. supports the C.A.P.D. Department

The K.P.A. were asked if we could help to improve the waiting area for patients on the C.A.P.D. unit. Patients often have to spend a long time in the area during treatment, and it was felt that a more comfortable area would be beneficial for patients.

Through the generous support of patients and friends we were able to purchase new and more comfortable chairs for the area. We hope it will help patients with their treatment.

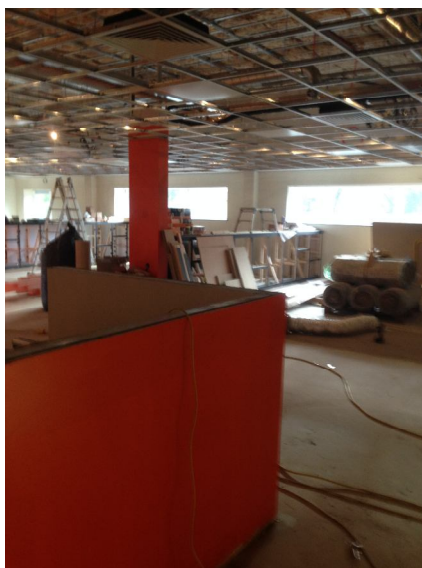
Countdown to the new kidney treatment centre begins

We are gearing up for the opening of the new Redditch kidney treatment centre on Wednesday 30th March 2016.

This purpose built clinic will be the fifth kidney treatment centre in the Birmingham area to be operated by Diaverum on behalf of the University Hospitals Birmingham NHS Trust, and it will be Diaverum's 17th centre in the UK.

To maintain the same consistent quality, we are working with the same contractor that built the four other units in the Birmingham area. The design follows the same guidelines as the other clinics, providing a modern space, improved features for both patients and staff and above all a safe, sustainable and comfortable environment that meets patients requirements.

The clinic will offer 20 spacious stations plus four isolation rooms, four consulting rooms and a



large reception area. It will also feature a range of amenities, including upgraded individual television units, free internet service, free and separate parking for patients and staff, recessed media panels and new Braun dialysis machines.

We are excited about this new facility and are looking forward to giving you an exclusive, behind-the-scenes tour of the building. Visits will be arranged in March for patients, families, carers and friends to come along and have a preview before the clinic officially opens for treatment.

Your clinic manager, Liz Simpson and Area Manager, Kim Beak will be on hand to welcome you and answer any questions you may have. In the meantime, if you have any comments or queries, please contact Kim Beak on:-

kim.beak@diaverum.com

We look forward to welcoming you to your new kidney treatment centre soon

Diaverum UK Team

Christmas around the units

The K.P.A. were very pleased to be able to support buffets and other celebrations at some of the dialysis units this Christmas. The K.P.A. also worked with U.H.B. Charities to provide hampers for all renal patients who spent Christmas Day in the Queen Elizabeth Hospital. The Queen Elizabeth Hospital Kidney Patients' Association funded hampers on wards 301 and 303. The hampers included some Christmas treats and also a 24 hour TV viewing pass.

We would like to thank all the members of staff around the units who organised the Christmas Buffets for the patients.

These are just some of the things we are able to do because of the generosity of patients, friends and family who over the year have supported us.



Jayne Postlethwaite is leaving after 25 years working in the C.A.P.D. Department

Jayne will be known by very many renal patients. She retired from the Q.E. in December after 25 years working with renal patients. She has been a very dedicated member of the team and is held in high regard by all the patients that have been looked after by her. Staff in the renal department organised a surprise lunch party for her in December to mark the occasion.

We wish her well in her retirement and thank her for her dedication and commitment to patients over the years.

Queen Elizabeth Hospital Kidney Patients' Association Annual Raffle Drawn 13th January 2016

The Annual Christmas Draw took place at the K.P.A. meeting on Wednesday 13th January. We were pleased to have a visit from Prof Paul Cockwell and Mary Dutton from the Queen Elizabeth Hospital who very kindly drew the winning tickets. All the winners have been notified and are listed below.

We congratulate all the lucky winners and thank all those who very generously supported us again this year. We raised £3608 from the sale of tickets and generous donation.



The Winning Numbers

NAME	TICKET	PRIZE	NAME	TICKET	PRIZE	NAME	TICKET	PRIZE
B. Davies	24018	£300	D. Maycroft	25882	£150	J. Smith	17268	£75
R. Bhatt	16668	£25	T. Osbourne	22233	£25	M. McAuliffe	05934	£25
R. Asthana	21102	£25	M. Brotherton	23692	£25	S. Patel	22639	£10
B. Brooks	05860	£10	S. Smith	08465	£10	J. Duggan	02090	£10
F. Collins	00136	£10						

We would also like to acknowledge and thank the very many patients, relatives and friends who gave additional donations included with their Raffle tickets, both small and large. They are too numerous to acknowledge individually, but we thank you all for your generosity and kind thoughts.

Len Ingram Treasurer

Linda Brown, Deputy Manager, Woodgate Valley



We were shocked and saddened to hear that Linda Brown had passed away on 3rd October last year while on holiday.

Linda was a very special person and loved by all the patients and other members of the staff at Woodgate.

Linda qualified as renal nurse in 2006 she came to Woodgate Dialysis Unit in 2009 and was Deputy Manager of the unit.

She will be sadly missed by all.

The K.P.A. received £730 in memory of Linda to help us continue to support renal patients, for which we are very grateful.

Patient Information

There are now over 50 topics on Patient Information. The booklets are all produced by the Q.E. and are available on our website to download. Just go to www.kidneymatters.co.uk

Also you will find lots of information on healthy eating for dialysis patients, all the information is from the renal Dietitians at the Q.E.

For more dietary information contact your unit dietitian.

World Kidney Day 10th March 2016

The Queen Elizabeth Hospital Kidney Patients' Association will be organising, with the support of the renal departments an information day in the Atrium of the Queen Elizabeth Hospital on Thursday 10th March. We will have ideas for healthy eating, information about dialysis and the different methods of treatments.

Come along and meet the K.P.A.. We will be there from 9.30 till 4.00 on the 10th March

Official opening of the New Dialysis Unit in Smethwick



The 24th November saw the official opening of the New Dialysis Unit in Smethwick. It was opened by The Chief Nurse of the Queen Elizabeth Hospital Philip Norman and Renal Consultant Clara Day.

The new unit replaces the dialysis unit at City Hospital and adds to the capacity for treatment in the area, reducing the travelling for many patients.

The opening marks the end of a long period of planning and preparation by members of the Renal team at the Q.E. to build and open a first class unit to treat dialysis patients.

The team led by Dr Clara Day also won the Outstanding Achievement Award at this year's Best in Care Awards at the

Q.E. Over the last 18 months the team has successfully commissioned 5 new dialysis units and transferred 500 patients around the new units. It was a great achievement by all.

The Q.E. renal patients now have the best treatment centre for their dialysis.

Well done to all, and there is more to come. A new unit currently being built in Redditch will be opening in March.

Recent Donations

The K.P.A. wishes to thank those who have made donations to the Association. Tony Hale, Hasbury Conservative & Unionist Club, Pauline Beddhal, Mr & Mrs Batch, Barry Gane, Jonathan Hood and Miss Boston.

Thank you for your generosity.

In Memoriam

Our sympathies go to the families and friends of loved ones who have sadly passed away.

We are very grateful for donations sent to help us continue our support for patients and the Hospital in memory of loved ones.

We remember Andrew Pedersen, Alphonso Reid, Terence O'Loughlin, Donald McCrea, Linda Brown, Susan Puttergill and Eric Thomas Hall.

Our thoughts are with the families at this sad time.

Many people have donated to the Queen Elizabeth Hospital Kidney Patients' Association using their mobile phone.

It's a very easy way to help us. If you would like to help

Text **KDNY11 £3 to70070** and this would donate £3 to the K.P.A.

You can choose to donate £1, £2, £3, £5, or £10. by changing the amount in the message.

Thank you for your support and thanks to those who have already donated.

Donations by Cheques

Will you please make all cheques payable to Queen Elizabeth Hospital Kidney Patients' Association or Q.E.H.K.P.A. Money can be ring-fenced for a specific purpose or unit.

Do you still wish to receive this newsletter?

If you **DO NOT** wish to receive this newsletter, please let us know by contacting:- Lorraine Bateman. Tel: 0121 371 4957 Email. Lorraine.Bateman@uhb.nhs.uk

OR complete the section below and return to :

Lorraine Bateman. University Hospital Birmingham NHS Foundation Trust, Room 43F, 4th Floor Nuffield House, Mindelsohn Way, Edgbaston, Birmingham B15 2TH

My Name.....

Address.....

Post Code.....

OPT OUT
TICK
BOX

☐

Please remove me from the mailing list, I no longer wish to receive this newsletter

Chairman/Kidney Matters Editor. Nick Flint 9 Brookhouse Road Walsall, WS5 3AE Tel:- 07720597468 E-Mail Nick.Flint@live.com	Secretary Joan Ingram 6 Cremorne Road Sutton Coldfield West Midlands B75 5AW Tel:- 0121 308 0024	Treasurer Len Ingram 6 Cremorne Road Sutton Coldfield West Midlands B75 5AW Tel:- 0121 308 0024	Vice Chairman Dawn Roach 181 Wolverhampton Road Pelsall Walsall WS3 4AW Tel:- 07533097655
--	---	--	--